

LIFE SURPRISES, OUR WELLNESS

Posted on 3 September 2024

Exodus 16 :31

Life is full of surprises. This means that the course and the quality of our life is going to be determined by our ability to handle what we didn't see coming. If we handle the surprises well, we will live well.

As we look at Israel's experience, we find the answer to managing these surprise seasons. 'Manna' here means 'What is it.' And manna represents three things.

1. The time when **God's performance doesn't match your expectation**. They asked for bread, and they saw something on the ground that looked so different from what they expected.

Here is what some biblical historians say: Israel took that coriander seed, they grinded it. It became grain and they made bread out of it. This means that **God's provision came in the form of a project**. This may be grinding season for you. When the LORD gives you a seed, you've to be willing to grind. As you grind, you can turn it into what you know has been created to be.

2. The time when **God supernaturally suffocates your supply**. The 'manna' would only last 24 hours except for the day before the Sabbath. This means that every day they had to depend on God to provide. This is because they're things we ask the LORD in the wilderness we're going to have an overflow of in Canaan, a land flowing with milk and honey. And the LORD want to make sure we are clear on who is our source so that we don't get the grapes and forget about God.

3. **SEASONAL SUPPLY**. 'And the manna ceased on the day after they ate of the produce of the land..' (Joshua 5:12). It is just a temporary supply. Instead of feeling anxious with the manna Israel should have expressed appreciation for it because they didn't recognize that the 'manna' was a miracle. What's the proper response to miracles? It's '**PRAISE**' which is an expression of gratitude. And gratitude is the seed for more. The more we praise the LORD, He gives more back into us. So, let's praise the LORD for what He has done, and praise Him in expectation for what He's getting ready to do.

Let us manage our surprise seasons well by asking the LORD to grant us an impartation of supernatural **RESILIENCE** – A strength and steadfastness beyond our own. Remember, I will be praying with and for you.

Making It Personal:

1. **Insight** – What is ONE new insight the Holy Spirit has given me?
2. **Conviction** - Something pierced my heart or convicted me? Take action now!
3. **Share** - Received something I want to share with someone else?